

The Girls program is designed to introduce the gymnast to the love of gymnastics. In this program, they begin training on vault, bars, beam, and floor. Beginning level is our White Ribbon class and move through Red Ribbon, Blue Ribbon, Bronze Medal, and lastly Silver Medal.

Class Name	Age	Class Duration	Price per Month	Monday	Tuesday	Wednesday	Thursday	Saturday
White Ribbon	Beginners 5+ yrs.	1 hr.	\$94	10:00 AM 4:00 PM	4:00 PM 5:00 PM 6:00 PM	4:00 PM 5:00 PM 6:00 PM	11:00 AM 5:00 PM	10:00 AM 11:00 AM 12:00 PM
Red Ribbon	Invite Only	1 hr.	\$94	4:00 PM 6:00 PM	4:00 PM 5:00 PM 6:00 PM	4:00 PM 5:00 PM 6:00 PM 7:00 PM	4:00 PM 5:00 PM 6:00 PM	11:00 AM
Blue Ribbon	Invite Only	1 hr.	\$94	4:00 PM 6:00 PM 7:00 PM	4:00 PM 5:00 PM 7:00 PM	6:00 PM 7:00 PM	4:00 PM 5:00 PM 6:00 PM	12:00 PM
Bronze Medal	Invite Only	2 hrs.	\$173	6:00 PM	5:00 PM	5:00 PM	4:00 PM 6:00 PM	<u>FRIDAY</u> **4:00 PM
Silver Medal	Invite Only	2 hrs.	\$173	5:00 PM		5:00 PM	4:00 PM	

GIRLS SCHEDULE june, july

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Red Ribbon	Invite Only	1 hr.	\$94	6:00 PM	11:00 AM 3:00 PM 4:00 PM 6:00 PM	9:00 AM 3:00 PM 4:00 PM 5:00 PM	10:00 AM 11:00 AM 3:00 PM 5:00 PM 6:00 PM
Blue Ribbon	Invite Only	1 hr.	\$94	9:00 AM 4:00 PM	10:00 AM 3:00 PM 4:00 PM	9:00 AM 11:00 AM 3:00 PM 4:00 PM 5:00 PM 6:00 PM	3:00 PM 4:00 PM
Bronze Medal	Invite Only	2 hrs.	\$173	5:00 PM	10:00 AM 5:00 PM	4:00 PM	
Silver Medal	Invite Only	2 hrs.	\$173		5:00 PM	5:00 PM	4:00 PM