



# FEB, MAR, APR GIRLS PROGRAM

Ages 5 yrs +

The girls program is designed to introduce the gymnast to the love of gymnastics. In this program, they begin their training on vault, bars, beam, floor. Beginning level is our White Ribbon and move through Red Ribbon, Blue Ribbon, Bronze Medal, and lastly Silver Medal. Our competitive teams are by tryout and invite only.

## White Ribbon Ages 5 and up: Beginning Level (1 hour)

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00 pm	4:00 pm	4:00 pm	11:00 am	10:00 am
5:00 pm	5:00 pm	5:00 pm	5:00 pm	11:00 am
6:00 pm	6:00 pm	6:00 pm		

## Red Ribbon: Beginning/Intermediate (1 hour)

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00 pm	4:00 pm	4:00 pm	4:00 pm	11:00 am
5:00 pm	5:00 pm	5:00 pm	6:00 pm	
6:00 pm	6:00 pm	6:00 pm		

## Blue Ribbon: Intermediate Level (1 hour)

Monday	Tuesday	Wednesday	Thursday	Saturday
4:00 pm	4:00 pm	6:00 pm	4:00 pm	12:00 pm
5:00 pm	5:00 pm			
6:00 pm	6:00 pm			
7:00 pm				

## Bronze Medal: Intermediate/Advanced (2 hours)

Monday	Tuesday	Wednesday	Thursday	Saturday
6:00 pm	5:00 pm	5:00 pm	4:00 pm	
			5:00 pm	

## Silver Medal: Advanced Level (2 hours)

Monday	Tuesday	Wednesday	Thursday	Saturday
5:00 pm		5:00 pm	4:00 pm	11:00 am

# FEB, MAR, APR 2023

**Parents:** For the safety of EVERYONE in the gym, ONLY CHILDREN REGISTERED FOR CLASSES MAY BE ON THE EQUIPMENT, AND ONLY DURING THEIR ASSIGNED CLASS TIME! Please keep siblings off the equipment.

- All registration fees and tuition must be paid at the time of registration. Classes will not be held without payment.
- A \$30.00 per student or \$50.00 per family registration fee is due annually from the time of registration and is non-refundable.
- **Class tuition is non-refundable. If a registered class(es) are cancelled a \$25 charge per class will be deducted from your account credit. Credits can be used for future registrations.**
- There is a 10% discount for siblings. Discount applies to the sibling(s) with the lesser total(s).
- **BONUS DISCOUNT:** If you recommend GYMNASTICS TRAINING CENTER to a friend and they sign up, you receive a \$10 credit towards your next session of gymnastics. 5 kids = \$50! There is no limit to this bonus discount. Please have them mention your name when they register for the class so we can apply for the credit.
- If your child is not picked up within 15 minutes from the time their class ends, you will automatically be billed \$30.00 to cover inconvenience fees.

## *Our Price Breakdown is as Follows:*

<u>Hours per Week</u>		<u>Hours per Week</u>	
1 hr.	\$90/month	4 hrs.	\$306/month
2 hrs.	\$163/month	5 hrs.	\$378/month
3 hrs.	\$234/month	6 hrs.	\$450/month

## Make-Up Classes:

- We do not offer make-up days for missed lessons.
- There is also not an additional charge for classes with 5 weeks of lessons.

## Our instructors and classes:

Our instructors are specially selected and trained to safely bring out the best in each child by encouraging them to exceed their perceived limitations. Without question, it is our instructors who have made GYMNASTICS TRAINING CENTER one of the best in the state. Our preschool classes are 6 to 7 students per instructor and 8 to 9 students per instructor for White Ribbon through Silver Medal & Tumbling. These limits enable each child to receive the attention they need for optimal instruction. There must be at least 2 students in a class for the class to carry. WE RESERVE THE RIGHT TO CANCEL OR COMBINE CLASSES AS NEEDED. For safety reasons, spectators are not allowed to come into the gym arena.

## What to Wear:

Girls should wear a leotard or swimsuit. Boys should wear a T-shirt and athletic shorts or pants. Tumblers should wear leotards or athletic clothing. Bare feet are preferred over socks for better traction on the equipment. No jewelry of any kind is allowed during class. Absolutely NO GUM is allowed in the facility. If hair is long enough to get in the child's face, please have it pulled back. All valuables should be left at home. GYMNASTIC TRAINING CENTER is not responsible for lost or stolen items.