

Ages: 8yrs+

Our tumbling program is geared towards students that would like to learn to tumble and/or learn to use the trampoline. This program is also great for those that would like to supplement their gymnastics with more tumbling skills. Tumbling classes are co-ed.

Class Name	Age	Class Duration	Price per Month	Monday	Tuesday	Wednesday	Thursday	Saturday
Beginning Tumbling	8+ yrs.	1 hr.	\$94	5:00 PM	7:00 PM	4:00 PM 6:00 PM	6:00 PM	12:00 PM
Cheer Tumbling	8+ yrs.	1 hr.	\$94		7:00 PM (beginners)		7:00 PM (must have BHS)	
Intermediate Tumbling	Invite Only	1 hr.	\$94	5:00 PM		5:00 PM		
Advanced Tumbling	Invite Only	1 hr.	\$94		7:00 PM		7:00 PM	
Air Awareness	6+	1 hr.	\$94					FRIDAY3:00 PM4:00 PM5:00 PM

1470 East 3300 South, Millcreek, UT 84106

801-433-0801



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Class Name	Age	Class Duration	Price per Month	Monday	Tuesday	Wednesday	Thursday	Friday
Beginning Tumbling	8+ yrs.	1 hr.	\$94	5:00 PM	3:00 PM	3:00 PM 6:00 PM	5:00 PM	
Cheer Tumbling	8+ yrs.	1 hr.	\$94	12:30 PM (beginners)		12:30 PM (must have BHS)		
Intermediate Tumbling	Invite Only	1 hr.	\$94	6:00 PM	5:00 PM	6:00 PM		
Advanced Tumbling	Invite Only	1.5 hrs	\$135		5:30 PM		5:30 PM	
Air Awareness	6+	1 hr.	\$94					2:30 PM 3:30 PM 4:30 PM

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